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Medications, Vitamins and Herbal products

Date ___/___/_____
Name _____ Patient # _____

Vitamins, herbal products and medications, whether prescribed by your doctor or purchased "over-the-counter" can sometimes react with each other. The reactions caused by taking more than one product can include: decreased drug effectiveness, increased side effects such as fatigue, skin problems, headaches, or in some cases, combinations can even cause a toxic reaction.

Please list all prescribed medications, herbal products, over-the-counter medications (such as aspirin, ibuprofen, decongestants, etc.), all vitamins, including supplements, and multi-vitamin and multi-mineral products that you are currently taking.

Name of drug Or vitamin/supplement	Dosage?	How many times per day?	What is the reason You take this medication?